

Flash Quotes

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Brooke ANDERSEN (USA)

Hammer Throw Women - Winner 75.76

It was a very exciting competition. In the last attempt, I finally managed to be more patient and focused. I was kind of rushing during the whole competition. It was kind of frustrating. Once I finally realised it, everything was OK.

This is actually first time I have been competing in such mixed event. When you see these guys throwing 80 metres, of course, you also want to throw the same or just get close to it. It makes you try harder, it was very exciting. Despite the fact that it rained heavily at the first throws, the facility is great here and I really liked competing here. I would definitely come back. Tomorrow, I am leaving for the next competition in Hungary.

06.08.2022 14:44

Flash Quotes

Pawel FAJDEK (POL)

Hammer Throw Men - Winner 81.27 DLR

I held nothing back today, I gave it 100%. I am happy with my performance. My last throw showed it was possible to throw even farther. The weather was what it was, we have no control over that. I was tired and jet lagged after the World Championships, but I was able to throw at a high level today. It is always great to compete here and the competition was at the highest level. I hope the competition remains in the Diamond League in the coming years.

I am now hoping to get some rest before the European Championships. I will go at it 110 per cent in Munich.

06.08.2022 14:50

Wojciech NOWICKI (POL)

Hammer Throw Men - 2nd place 79.19

I am no longer in the same shape as I was at the World Championships. It is hard to maintain that level all season. I initially wanted to skip the European Championships, since I felt strained and I was concerned about my health, but I was able to put things together and I will be going there. I will now try to get some additional training in to rebuilt my form, but it is hard to tell what to expect in Munich. I am now going to Hungary for another competition against Pawel and I hope to improve on today's performance.

06.08.2022 14:56

Flash Quotes

Joe KOVACS (USA)

Shot Put Men - Winner 21.79

I tell you, we love throwing in Poland. We were super excited to come back. Probably we should have thrown further but it was raining but it was a good exciting competition. I had to battle until the last throws.

We love this stadium, we love this crowd and I believe this stays Diamond League forever. These people here, they know the throws, they know the field events. We feel at home here.

I think it was great to compete with Tom - he won the Commonwealth Games last night, got on the plane, came here, so I could not let him beat me because that would be bad. We are pushing each other and the level of the sport is very high at the moment.

06.08.2022 14:58

Flash Quotes

Kendra HARRISON (USA)

100m Hurdles Women Final - 2nd 12.37

The time - 12.37, that is very fast so I happy with that. It is hurdles and it keeps evolving. It is becoming faster and faster. I am just happy with where I am at, at the moment. Feeling strong . The conditions - of course, we wanted the sunshine, but when you have such strong competition, you have to rise to it. The next for me is Budapest. If I want to remember something from Poland, that would be the amazing crowd. Because over the covid, with the empty stands, coming here and to see the love - it is pretty exciting.

06.08.2022 15:36

Jasmine CAMACHO-QUINN (PUR)

100m Hurdles Women Final

It was not technically my best race. I felt I did not execute properly, but I'll take the win. The conditions today were not the best, but that's the beauty of our sport - you need to run whether it's rainy or sunny. I've been having some issue with my Achilles, so I ran in 400 metres spikes and bandages today for better support. I am not sure yet about the rest of the season, but I hope to continue competing.

06.08.2022 15:46

Flash Quotes

Pia SKRZYSZOWSKA (POL)

100m Hurdles Women Final - 4th 12.51 European U23 record

I'm happy that after being stuck for a while at 12.6, I finally reached the 12.5 level. At the warmup today I didn't feel like I was very motivated at first, but I persuaded myself I have to go for it. The strong field helped me run fast. In qualifying, when I saw I was ahead of Kendra Harrison at half-way, it really gave me a boost. I have high expectations for the European Championships and I want to fight for medals there, but I try not to place too much pressure on myself.

06.08.2022 15:53

Chase EALEY (USA)

Shot Put Women - Winner 20.39

After the World Championships I felt it would be hard to be in top shape so soon, but I'm happy I was able to turn around so fast and come right back to my best. I remain motivated and I want to break the American record at the Diamond League final. The ring was still wet after the rain today, but the conditions were not a big problem. I have always enjoyed coming here. The atmosphere is very vibrant and the audience know the throws. It doesn't feel very different now that it is the Diamond League, it is still the same stadium, the same girls and the same fans.

06.08.2022 16:01

Flash Quotes

Armand DUPLANTIS (SWE)

Pole Vault Men - Winner 6.10 MR

Flash Quotes

When I woke up today, I was like - it is a little unfortunate with the weather. Especially because the last two days, the temperature was like 32 degrees, sunny and warm. But it is as it is. It would be nice to have that today.

But I like the way I was able to jump today. I do not think I could have jumped very much higher today. I did not have enough speed to get even 6.10. The last one I had, it was a really good technical jump. I cannot complain at all.

It is what it is. I am only a human, and I am doing what I was able to do today. This is a really good place to jump and I definitely liked competing here. There is not many places where it is colder and I still can jump 6.10 in these conditions. It exceeded my expectations.

I mean, I just wanted to try stiffer poles. I was even surprised.

I still have got a few more events. There is also the European championships. Some goals ahead of me. The world record - if I am ready for it, I would try.

The 6.10 is not a goal. The goal is to be the best in the world. I think that is the goal. I think that is the goal.



Flash Quotes

06.08.2022 16:04

Andy DÍAZ HERNÁNDEZ (CUB)

Triple Jump Men - Winner 17.53

I am very pleased with this performance. This is my first Diamond League event this summer and despite the fact that it was a bit cold, I was still able to jump as I was supposed to. This was a very nice performance especially because I was able to manage the time and the momentum throughout this event. It is true that I did not have a good start but I was able to do a good second jump and maintain that form after that. This means a lot to me. I have had a very challenging year so far. So today, I grabbed this opportunity to do a great jump. Even if it was not my personal best. I really like the conditions and the atmosphere. It is a fast surface and I knew I could do something good. It had been great. I love it.

06.08.2022 16:17

Trayvon BROMELL (USA)

100m Men - Winner 9.95

It is my second year on the circuit and I am still learning. I simply try to be the best I can be. I didn't like my performance today too much, there were a lot of small details that could be improved. Being back on the circuit after the World Championships is just part of the job, I don't look at it as revenge for Eugene. The rest of the season I will just continue trying to improve.

06.08.2022 16:38

Flash Quotes

Alison dos SANTOS (BRA)

400m Hurdles Men - Winner 47.80 MR

I still remember running here at the World relays last year when the weather was so cold. When I woke up this morning, I was so scared, I said no way... I checked the weather temperatures immediately and was very glad. The 20 is not that bad.

I am very happy and proud about my result today because I have had a long season. Now, I just want to enjoy every competition and have fun. After the World championships, I took 5 days off and visited my family back at home. We had some small celebration but nothing big because I still have some events ahead of me. But then, I promise, it is going to be big.

I want to try to win this Diamond trophy and I am excited about my next race on Sunday as it is going to be the flat 400m.

06.08.2022 16:43

Flash Quotes

Haruka KITAGUCHI (JPN)

Javelin Throw Women - Winner 65.10 SB

I am really excited for my performance because this is the first time over 65m for me this season. I feel like I am learning something new at every competition. I surprise myself at every competition. After Eugene, I did not go back to Japan but went straight back to the Czech Republic, where I train. I took three days off and then back to training. Competing with Barbora Spotakova is always special to me as we train in the same state and one day, I want to be like her. My next plan is Monaco so I hope I will manage to recover soon.

06.08.2022 16:44

Barbora ŠPOTÁKOVÁ (CZE)

Javelin Throw Women - 2nd 62.29 SB

I am 100 percent satisfied with my result. In the morning, I felt terrible and I think I will also feel this competition in my body for some time. I felt the atmosphere here amazing- I tried to be calm but I could feel it - I am very sensitive to these things. The first attempt was technically very good and the last one was maybe too fast as it is a fast surface and I can feel my back from it. The fact that I am still able to throw on this level, I take it as a miracle and I do believe, it will stay like this until Munich.

06.08.2022 16:49

Flash Quotes

Jessica SCHILDER (NED)

Shot Put Women - 2nd 19.84 NR

I was pretty nervous before this meeting, I do not know why. It is the first meet after the worlds but I liked it a lot. Still improving - it is good towards the European champs. I learn to control the nerves and it will be fine. After the worlds, I went back straight to the training because I knew I have to perform well for the rest of the season. I hope for some good result in Munich, it is a very important goal for me.

06.08.2022 16:55

Sifan HASSAN (NED)

3000m Women - Winner 8:39.27

Today I won because my final 300-400 metres is strong, I still have the speed. For the rest of the season I'm planning to test myself at different distances to see where I am at. I am not going to the European Championships. There have been so many championships in recent years, I want to take a rest from that and take it easy.

06.08.2022 16:58

Femke BOL (NED)

400m Women - Winner 49.75 NR

It feels a bit strange now to run without the hurdles on the way, but it is amazing to break 50 seconds. I knew I had it in my legs, but it is great to finally do it. Natalia really pushed hard in the final metres and competition always helps you perform better. I don't know yet if I will do both the flat and the hurdles at the European Championships, I need to talk to my coach to decide on that. We also have a strong relay team and we want to do well in that after the disqualification in Eugene.

06.08.2022 17:10

Flash Quotes

Michael NORMAN (USA)

400m Men - Winner 44.11 MR

I controlled the race, felt relaxed, pressure free, had fun. But when I saw the atmosphere at the stadium, I was like wow. Pretty much like in Eugene. You could not hear the starter very much what was a bit confusing but it was fun.

The next stop is Monaco - gambling in casino. It is always nice to compete with the bests and Kirani is a big opponent. I have a big respect for this guy. After the champs, I had the chance to eat some pizza and pasta, stuff like this after a couple of months.

I have got a lot of recovery and did not practice this much.

06.08.2022 17:14

Flash Quotes

Natalia KACZMAREK (POL)

400m Women - 2nd 49.86 PB

I did not expect to run this fast when I got up this morning, but I felt good and wanted to prove my form did not evaporate and I can still get close to my best times. I did not get much rest after Eugene, but racing is easier than training for me.

At the European Championships I would like to fight for medals. There are no weak runners there. I know Femke Bol may run the 400 flat, but I showed today I can get close to her.

06.08.2022 17:32

Shericka JACKSON (JAM)

200m Women - Winner 21.84

The race went according to plan. I just wanted to execute, focus on my lane and not look at what my rivals were doing. I approach all my races like that. I am not thinking about the world record. I just try to do my best, if it comes, it comes.

06.08.2022 17:39

Emmanuel Kipkurui KORIR (KEN)

800m Men - Winner 1:45.72

It was a cool feeling to win today after winning in Eugene. I am still tired after the World Championships. Without that, I could run faster. My goal now is to gather more points in the Diamond League and to make the final.

06.08.2022 17:42

Flash Quotes

Miltiadis TENTOGLOU (GRE)

Long Jump Men - Winner 8.13 MR

I had some technical problems with my jumps today so I am glad to take this win. The 813 jump is not the best result, but it was enough to win today and that counts. After Eugene, I did not do any jumps in my training that is why I needed this competition and also the next one in Monaco. I want to be ready to fight for gold in Munich and also for the Diamond trophy in Zurich. In Eugene, I was very disappointed with my placement so I really hope for a good result in Munich. The temperature in Greece was like 35 degrees lately and it turned so cold here today, it was just too difficult.

06.08.2022 17:46

Diribe WELTEJI (ETH)

1500m Women - Winner 3:56.91 MR PB

Everything was very good today and I like the stadium very much. The atmosphere pushed me forward and I felt confident. I am glad to take this win, you can see the smile on my face.

06.08.2022 17:54

Safina SADULLAYEVA (UZB)

High Jump Women - Winner 192

I won this competition but I cannot say I am satisfied with the performance. I do not know what was going on but I did not have any good jump. Also the other girls did not do well. Coming to this event, I really did not expect me to win today.

Everything was great, the stadium, the fans cheering for us, but the temperature was a bit too cold. I really do believe to jump something good at the Islamic Games in Turkey which is my next big goal.

06.08.2022 17:55

Flash Quotes

Ajee WILSON (USA)

800m Women - Winner 1:58.28

I am feeling dizzy. (Left to medicals).

06.08.2022 17:59

Shaunae MILLER-UIBO (BAH)

200m Women - 2nd 22.35

I did not want to put too much pressure on myself and wanted to have fun. I think I am going to skip the indoor season and just focus on the outdoors next year. This is a part of the preparation. I am still not sure about multievents. Before the next season we start with the endurance.

06.08.2022 18:00

Yaroslava MAHUCHIKH (UKR)

High Jump Women - 2nd 1.92

I enjoyed the competition today, especially because there were many fans from Ukraine sitting close to our sector supporting us. The result was not as I expected, my runup was not good today. My goal now is the European Championships. After the World Championships I went to Germany, where I have been living recently, but after the season is over, I am going back home to Ukraine.

06.08.2022 18:03

Flash Quotes

Aleia HOBBS (USA)

100m Women - 2nd 10.94

I was very happy with my run today. I just got here from the US yesterday because of travel issues, but I was able to run well.

I was running with a QR code on my hip here. It is a project we have been doing with World Athletics. By scanning the code, it links you directly to a series of films called 'Going the Distance with Aleia Hobbs' on their Youtube account. You can go there to discover more about me.

06.08.2022 18:05

Flash Quotes

Jakub VADLEJCH (CZE)

Javelin Throw Men - Winner 86.68

I have to say it was a superb competition. It was a relatively cold and I was a bit tired as I am in the middle of preparation. Also nobody of us had their javelin and we threw with brand new javelins. I appreciate this result very much. I knew I could win today. After Eugene, I started to train immediately and now focusing on Munich.

My coach would say that technically these throws were not any special but I can say they were very comfortable. I was not surprised by anything today - great fans, great hotel and food, the people who take care of the meeting, they are very helpful and did their best. I liked it very much, very nice stadium, the weather got crazy but we cannot say anything. I know there will be strong opponents in Munich so I want to be ready for it and show the best of me.

06.08.2022 18:08

Flash Quotes

Sofia ENNAOUI (POL)

1500m Women - 5th 4:01.39 SB

I am not fully happy with my performance. I wanted to challenge the national record, but catching a cold made it impossible for me. At the moment, my only goal for the rest of the season is the European Championships, I want to fight for a medal there.

This season has been a great success for me, coming back after a long injury break. At the beginning of the year I did not expect to run at this level.

06.08.2022 18:10

Flash Quotes

Shelly-Ann FRASER-PRYCE (JAM)

100m Women - Winner 10.66 WL

I always come into races expecting to run fast! Last year I set a meeting record here, now it is a Diamond League and it is a lot more competitive with many top athletes. If you invite me and pay me a lot of money, I will come back again next year (laughing).

I came here prepared it may be cold or raining, but it was not so bad, it actually got warmer later in the day. Last year I felt a lot of pressure on me and this year I decided to just have fun. It is amazing to be this consistent. I am always excited to compete and see what I can do.

06.08.2022 18:30

Flash Quotes

Gabrielle THOMAS (USA)

200m Women - 7th 22.86

I think it is nice to engage athletes in the new projects - I wore this QR code for the first time to promote athletics as I did not start in Eugene.

I am pretty disappointed with my result today but I am still working on it. I was not really healthy since Doha. Hopefully I can run more Diamond leagues.

It is exciting to race and people can follow you on youtube, I enjoy it. I hope it will continue.

06.08.2022 18:35